Social Science 2 Summary

Centenarians have been believed to be a representative of successful aging. Researchers in different disciplines argued about this belief from diverse viewpoints. At the same time, this opinion might not be shared all over the world, because of the difference in the medical, and social welfare system, and cultural backbone. This symposium aims to integrate the diverse opinion of the centenarian outlook by contrasting four centenarians' studies from the ASIA-Oceania region. Researchers with different research backgrounds from Australia, Taiwan, Korea, and Japan will be reported. Dr. Sachdev from Australia will present the study based on the concept that centenarians are robust aging phenotypes and provide insights to reduce the gap between lifespan and health span. Dr. Park will present the cohort difference in the functional status of centenarians living in the longevity area in Korea. Dr. Yen from Taiwan and Dr. Masui from Japan focuses on the psychological aspect of centenarians and will present the state of mind to live 100 years of life qualitatively and quantitively. The interdisciplinary setup of the symposium will enhance the understanding of centenarians from a simplistic view as representative of successful aging to what true successful aging is.